

Patient information sheet – Blepharoplasty

Why is Blepharoplasty done?

Blepharoplasty is a surgical procedure to correct puffy eyelids or saggy eyelid bags and reverse the ageing changes of your eyelids to enhance the appearance of the eyes.

What are the types of Blepharoplasty?

Blepharoplasty can be for upper eyelids, lower eyelids or both eyelids. Asian blepharoplasty is also another modification done to create an upper eyelid crease in people with oriental look who want to get rid of it.

How many days of hospital admission is required?

It is a daycare procedure and you will be discharged immediately after the procedure.

What does the surgery involve?

You will be admitted on the day of surgery. The surgery is conducted under local anaesthesia and takes about 1 hour. Excess skin and fat is excised and the skin is stitched with sutures. You will have Steristrips sticker dressing applied on the wound. You will be discharged immediately after the procedure once you are comfortable.

What happens after surgery?

You will also have some swelling which is normal. There will be a follow up appointment after 1 week to check the wound and the stitches are removed. Most of the swelling goes down in a week, but final results can be usually seen after 6 weeks of surgery when the swelling completely recedes.

What is the downtime after surgery?

You will be able to go back to normal activities from the very next day. Strenuous activity like jogging, gym and sports can be resumed after 2 weeks.

What complications can I expect?

Infection, bleeding, swelling, and pain are common complications that can happen. The pain is managed with simple pain killers. Scar is usually well hidden, but we will give you a scar modulating cream to make the scar better. Ageing is a continuous process and results of the surgery can get reversed as your skin ages more.

I have a few more questions. What do I do?

Kindly write to us at contact@drvbybhavderaje.com. We will be happy to reply to any of your questions and concerns.

Disclaimer: This information sheet is for you to get a general idea about the condition and surgery. This is in no way a substitute for a formal consultation with your doctor.

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