

Patient information sheet – Endoscopic scarless forehead surgery

Why is Endoscopic scarless forehead surgery done?

Endoscopic scarless forehead surgery is done to remove lesions on the forehead like Osteomas, Lipomas, Dermoid cysts etc without leaving a scar on the forehead.

How many days of hospital admission is required?

It is a daycare procedure and you will be discharged from the hospital on the same day of surgery.

What does the surgery involve?

You will be seen by our anaesthetist before surgery and then admitted on the day of surgery. The surgery is conducted under general anaesthesia and takes about 1 hour. A small cut is made inside your hairline in the scalp and the lesion on the forehead is removed using endoscopic instruments. This means there are no external visible scars. The wound is closed with stitches. You will be given some pain killers and antibiotics and discharged on the same day evening.

What happens after surgery?

You will have some swelling and bruising on the forehead and around your eyes which is normal. There will be a follow up appointment after 1 week to check the wound and remove the stitches. Most of the swelling goes down in a week, but final results can be usually seen after 6 weeks of surgery when the swelling and bruising completely recedes.

What is the downtime after surgery?

You will be able to go back to normal activities from the next day. Strenuous activity like jogging, gym and sports can be resumed after 3 weeks.

What complications can I expect?

Infection, bleeding, swelling, bruising and pain are common complications that can happen. The pain will be managed by our acute pain service team while in the hospital. Recurrence of the lesion is always a remote possibility irrespective of the method of the surgery.

I have a few more questions. What do I do?

Kindly write to us at contact@drvvybhavderaje.com. We will be happy to reply to any of your questions and concerns.

Disclaimer: This information sheet is for you to get a general idea about the condition and surgery. This is in no way a substitute for a formal consultation with your doctor.

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