

Patient information sheet – Facelift and Necklift

Why is Facelift and Necklift done?

Facelift and necklift is done to reverse the signs of ageing of the facial skin and give you a more youthful appearance. It is the ultimate treatment for wrinkles, once Fillers and Botox fail to produce results.

How many days of hospital admission is required?

It is a daycare procedure and you will be discharged from the hospital on the same day of surgery.

What does the surgery involve?

You will be seen by our anaesthetist before surgery and then admitted on the day of surgery. The surgery is conducted under general anaesthesia and takes about 1-2 hours. A small cut is made in the hairline and hidden areas of the face. Excess skin is cut out. The muscles under the skin is tightened. The skin is then draped over the facial structure to produce ample amount of tightness to give a youthful appearance. The wound is closed with stitches. You will have a dressing applied to give pressure on the operated area. Occasionally a small tube might be placed to drain blood. You will be given some pain killers and antibiotics and discharged on the same day evening.

What happens after surgery?

You will have some swelling and bruising which is normal. There will be a follow up appointment after 1 week to check the wound and remove the stitches. Most of the swelling goes down in a week, but final results can be usually seen after 6 weeks of surgery when the swelling and bruising completely recedes.

What is the downtime after surgery?

You will be able to go back to normal activities after 2-3 days. Strenuous activity like jogging, gym and sports can be resumed after 3 weeks.

What complications can I expect?

Infection, bleeding, swelling, bruising and pain are common complications that can happen. The pain will be managed by our acute pain service team while in the hospital. As you age, the laxity in the skin can increase and reverse the changes produced by the surgery. You might need a repeat procedure after many years.

I have a few more questions. What do I do?

Kindly write to us at contact@drvybhavderaje.com. We will be happy to reply to any of your questions and concerns.

Disclaimer: This information sheet is for you to get a general idea about the condition and surgery. This is in no way a substitute for a formal consultation with your doctor.

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