

## Patient information sheet – Otoplasty

### Why is Otoplasty done?

Otoplasty is done for the correction of prominent ears or bat ears. It is also done for many other deformities of the external ear like Stahl ear etc.

### How many days of hospital admission is required?

It is a daycare procedure and you will be discharged from the hospital on the same day of surgery.

### What does the surgery involve?

You will be seen by our anaesthetist before surgery and then admitted on the day of surgery. The surgery is conducted under general anaesthesia and takes about 1 hour. A small cut is made behind the ear and the cartilage of the ear is separated. Then, depending upon the deformity, the cartilage is scored or reshaped and stitches applied. The wound is closed with absorbable stitches. You will be given some pain killers and discharged on the same day evening.

### What happens after surgery?

There will be a follow up appointment after 1 week to check the wound. Most of the swelling goes down in a week, but final results can be usually seen after 6 weeks of surgery when the swelling completely recedes.

### What is the downtime after surgery?

You will be able to go back to normal activities from the next day. Strenuous activity like jogging, gym and sports can be resumed after 3 weeks.

### What complications can I expect?

Infection, bleeding, swelling and pain are common complications that can happen. The pain will be managed by our acute pain service team while in the hospital.

### I have a few more questions. What do I do?

Kindly write to us at [contact@drvybhavderaje.com](mailto:contact@drvybhavderaje.com). We will be happy to reply to any of your questions and concerns.

Disclaimer: This information sheet is for you to get a general idea about the condition and surgery. This is in no way a substitute for a formal consultation with your doctor.

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