

Patient information sheet – Cleft Rhinoplasty

Why is Rhinoplasty done in Cleft patients?

Children with Cleft lip and palate usually have a deformity in the nose as well. Along with a crooked nose and wide tip, they also have a deviated septum of the nose causing breathing difficulties. A Rhinoplasty will not only correct the external deformity, but also address the breathing difficulties caused due to septum with a Septoplasty.

When is it usually done?

It is usually done after the age of 18 years. This is usually the last operation done in the protocol management of Cleft. It has to be done after the completion of growth of your child.

What does the surgery involve?

The patient will be seen by our anaesthetist before surgery and then admitted on the day of surgery. The surgery is conducted under general anaesthesia and takes about 2-3 hours. A small hidden cut is made at the undersurface and inside of the nose and the septum and nose is corrected. Sometimes we might have to borrow a rib cartilage or an ear cartilage to reconstruct the defect. The patient will have a nasal pack inside and a splint on the nose while waking up from anaesthesia. Discharge will be usually on the next day.

What happens after surgery?

You might notice some mild oozing of blood from the nose and the mouth which is normal. Nasal packs will be removed after 1 day and splint will be removed after 1 week. There will be a follow up appointment after 1 week to check the wound and the stitches are removed.

What complications can I expect?

Infection, bleeding, swelling and pain are common complications that can happen. The pain will be managed by our acute pain service team while in the hospital. Scar on the donor site is an additional issue if rib or ear cartilage is borrowed. Cleft Rhinoplasty is a very challenging operation and in rare circumstances can require repeat operations to correct minor asymmetry.

I have a few more questions. What do I do?

Kindly write to us at contact@drvybhavderaje.com. We will be happy to reply to any of your questions and concerns.

Disclaimer: This information sheet is for you to get a general idea about the condition and surgery. This is in no way a substitute for a formal consultation with your doctor.

Email Id: contact@drvybhavderaje.com

Phone no: +91 9535581616